

# Cleaning your home

**Get started:** Decide how clean you want your house to be and how much time you have. This will help you decide how to set up your cleaning schedule. Be honest with yourself about what you can do.

- Attempt to delegate tasks. If you live with other people, cleaning the house should not be exclusively your responsibility! You may have to take on leadership by setting up a rotational cleaning schedule, but it's better than having to do this backbreaking work alone. Make sure the tasks assigned are age appropriate (i.e. grade school children can pick up their bedroom floors, teenagers can clean the garage or bathroom)
- Some people prefer to put off cleaning as long as possible, then have a big cleaning campaign now and then.

- If you want to clean glass and be environmentally friendly, clean the glass with vinegar and water, dry with a lint-free cloth, and rub the glass with newspaper. No streaks! Make sure you use some elbow grease -- it requires pressure to properly clean glass.

surface. The glass cleaner acts as a shield to help keep spots and dust easy to remove. When misused, glass "cleaner" will leave streaks. You can also use old newspaper to wipe the glass surface after washing; the glass will be streak free and this is a great way to reuse old newspaper.

**Polish furniture:** Like glass cleaner, furniture cleaner isn't meant to be a cleaner. However, it can be used for cleaning. If you()10'd b823 7you()10'd b8

### Mop Your Floor:

- If you have tile or textured floors, nothing else will get the dirt out of the

## Cleaning Methods

### Dusting Down washing furnishings in the Home.

#### **Dusting:**

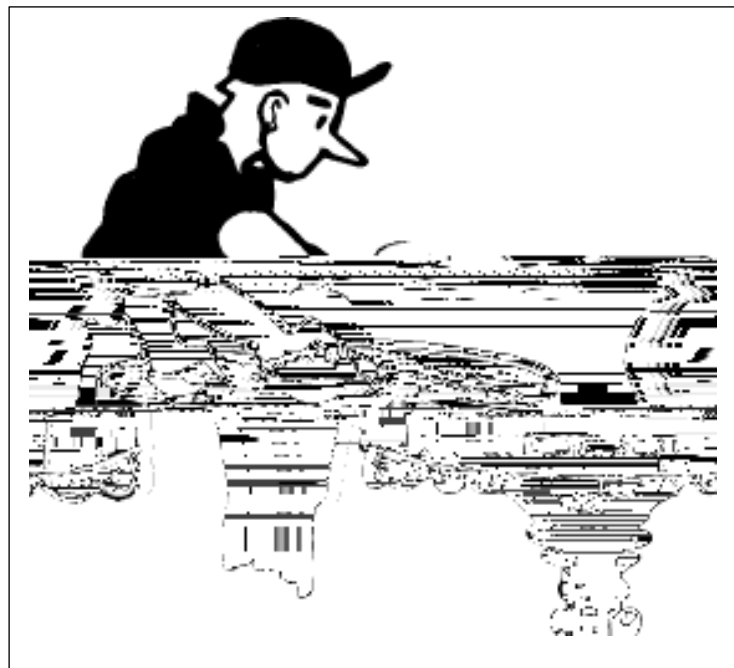
Using a dry, lint free duster or static mitten, systematically dust vertical surfaces from top to bottom and horizontal surfaces with straight, overlapping strokes. Re-fold duster as necessary to ensure that dust is not redeposited on cleaned surfaces. Draw dust out of corners and away from the edges of horizontal surfaces. Do not flick duster. Replace duster as necessary

#### **Damp wiping:**

Prepare cleaning solution according to manufacturer's instructions. Using a damp cloth wrung almost dry, wipe surface using smooth strokes. As necessary, rinse cloth in clean water, recharge with cleaning solution and wring out until almost dry

**Polishing:** Apply polish sparingly to a surface previously cleaned and allowed to dry. Take care to avoid applying polish to adjacent surfaces. When polishing small items, or items over a hard floor, spray the polish on to a duster rather than directly on to the item.

When dry buff the surface to a high sheen.



### **Vacuum cleaning;**

Vacuum cleaners come in all sorts of shapes and sizes, select the most appropriate make and model to suite your needs, i.e. the size of the area you need to vacuum, there is no point purchasing a large vacuum cleaner if you only have a small area to clean.

Make sure the bag is empty and the cable is in good condition.

### **Method;**

When you start it is much better to start from the edges using the attachments as most vacuums will not get completely into the edges, the attachment will allow you to do this.

After you have cleaned all the edges you should then carry on and complete the rest of the vacuuming for the whole area, (make sure you work your way to the door and you don't work your way into a corner of the room)

Stairwells, when vacuuming stairs it is easier to start from the bottom and work your way up, this will save wire from the cable is a hit. mo stautesvm,aven (,)5 (( t)1Qr)4 (e)3 (r)4 (e)13 ( t)1Q(u)

## **Window Cleaning;**

Before you start may sure you have all your equipment to hand, this with include your cleaning chemicals, (don't worry if you haven't got any cleaning chemicals, there's nothing wrong with soapy water). If your using a step ladder make sure that it can be locked in the open position to stop it collapsing when you use it.

Method; Clean large panes of glass by applying cleaning solution with a sponge to sides and top of frames, then to edges of pane and, in a zig-zag pattern, to the rest of the pane.

Remove water and dirt by: either, use a well wrung leather or scrim and start at the sides and top of frame, followed by a zig-zag pattern down the frame.

-or-

Wipe the sides and top of frame using a well wrung leather or scrim, followed by followed by using a squeegee. When using a squeegee, make a vertical stroke from top to bottom at one side of pane, then use a zig-zag stroke across the pane horizontally keeping the blade at 45° to the direction of travel. Move the blade horizontally in a zig-zag fashion across the pane from top to bottom, never lifting the blade off the pane. Finally, finish with a straight vertical stroke down each edge of pane. Wipe blade with absorbent cloth after each operation.

Now return all your cleaning equipment to your store.

### **Cleaning your kitchen surfaces;**

When cleaning your kitchen surfaces you can use the same method as you would use on any other surfaces apart from the chemicals you use.

It is advised that the chemicals you should use for cleaning your kitchen should be taint free (no smells). It is also recommended that you select the appropriate cleaning chemical designed specifically for kitchen cleaning as they will most likely have some form of anti-bacterial in the chemical, which will leave the surfaces clean and sanitized making it safe for you to prepare your food on the surfaces.

You should wipe down your surfaces daily in your kitchen and also clean as you go giving to



**OBSERVATION CHECKLIST**  
**Unit No: Cleaning Surfaces**

<b>Unit:</b>	_____ <b>During work</b>
<b>Element:</b>	
<b>Assessment Location</b>	

In the column, "Did the Candidate", you will find each of the Performance Criteria. All of these require to be evidenced to establish competence. You should tick the "Yes" box against each of the Performance Criteria & Range, when appropriate. Additionally you should record in the comments box your observation on how the candidate performed the activity.

PC	Did the Candidate	Yes	Comments
1	Is all the equipment selected and ready to start		

